

2019 PIERCE COLLEGE
PRESENTS STTACC



Work Hard,
PLAY
HARDER!

41ST ANNUAL
CONFERENCE

THE KEYNOTE



Dennis Chernekoff has been with Franklin Covey for 12 years. Through facilitating *The 7 Habits®*, he has helped individuals recommit to making their relationships work, seek systematic change for greater effectiveness in their workplace, and choose to respectfully “listen” to their colleagues and respond empathically. He holds an undergrad degree in psychology, a master’s degree in New

Testament Theology, and a Ph.D. in marriage and family therapy.

“Work hard and play harder” is a wonderful theme for the 2019 Annual Conference. Many of us work incredibly hard. We put in long hours and strive to reach the bars set for us. We want to produce at our highest achievable level and operate at peak performance. But what if working hard isn’t the same as working effectively? What if a change in our mind-set, skill-set and tool-set would allow us to work diligently, while at the end of the day still have the energy and motivation to play with abandon?

Using material from the Franklin Covey All Access Pass our keynote speaker **Dennis Chernekoff, Ph.D.** will point us in the direction of greater effectiveness. He will provide a plan to fine-tune our perspective, meet our commitments and structure our time so we not only reach our daily productivity goals, but do it with energy to spare. Come join us and learn how you can “Work Hard and Play Harder”.

THE SCHEDULE

DAY 1: Wednesday, August 14th

7:30 AM-9:20 AM: CAS 421

Registration, Breakfast, Welcome, and Business Meeting

9:30 AM-11:15 AM: CAS 421

Key Note: Dennis Chernekoff
Followed by a one hour lunch

12:15 PM-1:30 PM: Session 1

1:30-1:45 break to travel to session 2

1:45 PM-3:00 PM: Session 2

3:00-3:20 break to grab a snack in CAS 421 and travel to session 3

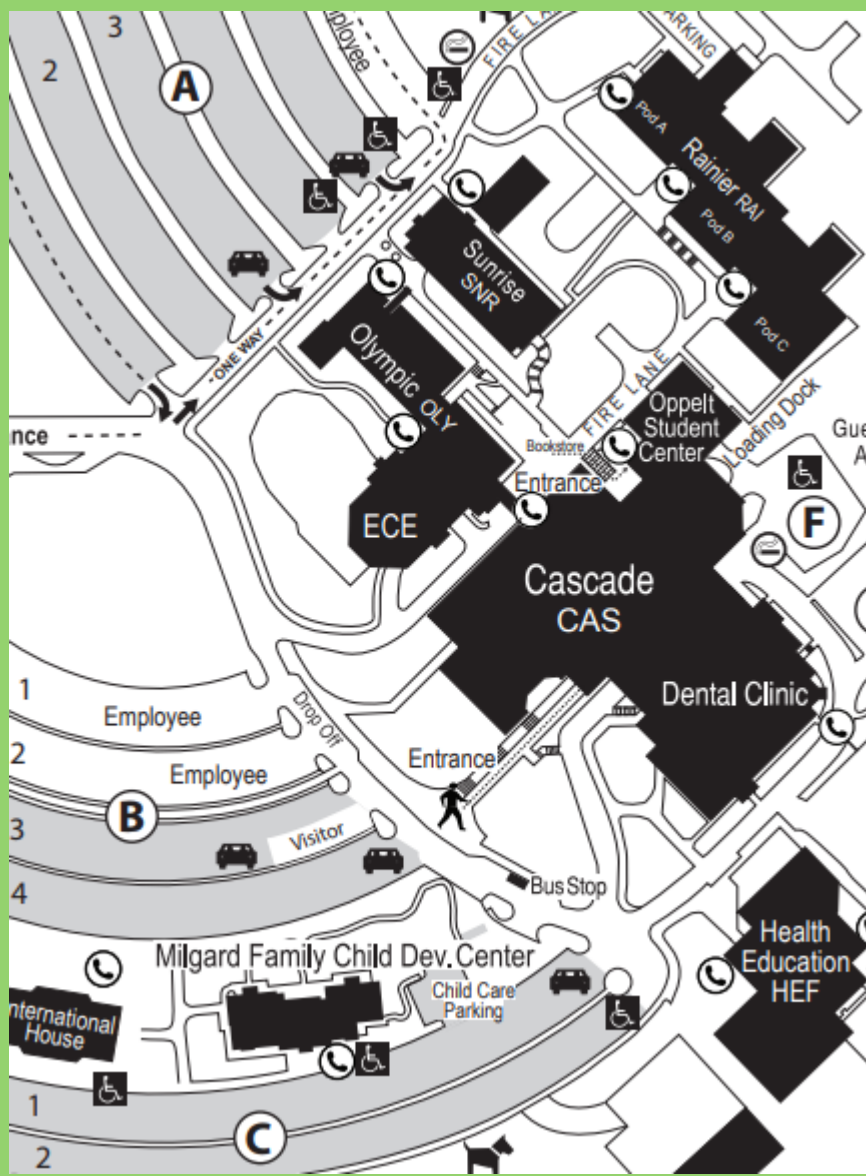
3:20 PM-4:30 PM: Session 3

4:30-6:00 Break to explore, or join us for fun and games in CAS 421

6:00 PM: Awards Banquet

Come join us for a catered dinner, no-host bar, live entertainment, awards and much more!

THE CAMPUS



THE SCHEDULE

DAY 2: Thursday, August 15th

7:30 AM-8:20 AM: CAS 421

Breakfast and Networking

8:30 AM-9:45 AM: Session 4

9:45-10:00 Break to travel to Session 5

10:00 AM-11:15 AM: Session 5

11:15-11:25 Break to travel to region meeting

11:25 AM-12:10 PM: Region Meeting

REG A in OLY 232, REG B in OLY 326, REG C in OLY 328, REG D in CAS 332, REG E in CAS 421

12:15 PM: CAS 421

Business Meeting, Lunch and closing remarks

**Make sure you stay to the end for
some great door prizes!**

BREAKOUT SESSION ONE 12:15-1:30

Science Dome's Mysteries of the Unseen World: RAI 263

Be transported to places on this planet that you have never been before, to see things that are beyond your normal vision, yet literally right in front of your eyes. This show will reveal phenomena that can't be seen with the naked eye, because they are invisible, too small, too slow or too fast to see. Advancements in science now allows us to see a whole new universe of things, events, creatures, and processes we never even knew existed and now give us new "super powers" to see beyond what is in front of us.

Speed of Trust (Franklin Covey): CAS 421

The break-out will introduce participants to trust as a skill, and an asset, that is integral to both personal and organizational success. The Speed of Trust takes an inside-out approach to helping individuals improve their trust development, trust extension, and trust rebuilding abilities.

Attendees will leave the break-out with an understanding of how trust affects their personal ability to achieve results, as well as how it affects the overall success of the organization. Furthermore, they will understand that the All Access Pass contains the necessary materials for their personal trust development as well as the foundation to transform their campus by increasing the trust quality of every relationship.

The Lessons of Un-success: OLY 328

Katjarina "Katja" Hurt will lead you on a journey exploring the importance of redefining success and failure by examining two attempts to climb Mt. Adams, the second tallest volcano in Washington State.

Master Gardner: OLY 181

Edible gardening is rewarding and fun. Learn some easy steps to growing healthy plants, producing healthy soil and extending your gardening season just beyond your doorway or at a community garden. Participants will be exposed to hands-on sowing and planting techniques and take a virtual tour of edibles.

Nature Walk around Waughop: CAS 420

Mr. Ben, a retired Pierce College Campus Safety Supervisor, has been an avid bird watcher since 1978. He will guide you in an engaging and enriching tour around the majestic Waughop Lake. Attempt to spot the ubiquitous Canada geese, song sparrows, wood peckers and much more!

BREAKOUT SESSION TWO 1:45-3:00

Science Dome's Mysteries of the Unseen World: RAI 263

Be transported to places on this planet that you have never been before, to see things that are beyond your normal vision, yet literally right in front of your eyes. This show will reveal phenomena that can't be seen with the naked eye, because they are invisible, too small, too slow or too fast to see. Advancements in science now allows us to see a whole new universe of things, events, creatures, and processes we never even knew existed and now give us new "super powers" to see beyond what is in front of us.

Secrets of Networking: OLY 328

Carla Hager will help you learn the foundations of networking effectively, including building interpersonal skills, starting a meaningful conversation, and growing in your networking confidence!

Get into the Groove: HEF 302

In keeping with the SmartHealth mindset, Bernadette Blakeney a student success coach at Pierce College, will be offering meditation methods as well as an opportunity to get off your feet and into the groove. Participants will move from meditation to movement with a course on line dancing to include: The Electric Slide, The Wobble, and the Cupid Shuffle.

Makerspace: OLY 1st Floor

Want to take crafting to the next level? Stella and Kristen will assist you in constructing your own laser cut tabletop cornhole game. Have fun painting, gluing, and assembling your game all while playing with a laser cutter at the Pierce College Makerspace.

BREAKOUT SESSION TWO 1:45-3:00

5 Choices (Franklin Covey): CAS 421

The 5 Choices keeps people from drowning in e-mail, being overwhelmed with demands and trying to do more with less. It sets the bar at the level of extraordinary, while providing new perspectives on time and technology usage. Finally, the 5 Choices directs our attention to burnout and applies scientific insight to help us recharge and energize our efforts.

Each participant will leave with a recognition that their choices are instrumental to their daily success and that the All Access Pass holds the entire process that will dramatically increase their ability to achieve life's most important outcomes.

Explore Your Creativity with Alcohol Inks: OLY 181

Come play with vibrant jewel-toned inks! Create beautiful flowing abstracts with this relaxing, intuitive art process using no pre-planned sketches or brushes. No artistic experience is necessary — and skill level is welcome. It's easy! It's fun!! Ideas for other projects included. All supplies provided.

Lucinda Jayne-Werley has worked for Pierce College Community & Continuing Education for 11 years. She loves to explore and encourage creativity, whether it is through dyeing silk and experimenting with explosions of color with alcohol inks, or playing music on her harps. In her art workshops, she hopes to release the joy and freedom for her students to create in the uninhibited way that they did as children, finding endless possibilities along the way.

BREAKOUT SESSION THREE 3:20-4:30

Science Dome's Mysteries of the Unseen World: RAI 263

Be transported to places on this planet that you have never been before, to see things that are beyond your normal vision, yet literally right in front of your eyes. This show will reveal phenomena that can't be seen with the naked eye, because they are invisible, too small, too slow or too fast to see. Advancements in science now allows us to see a whole new universe of things, events, creatures, and processes we never even knew existed and now give us new "super powers" to see beyond what is in front of us.

Working Across Generations (Franklin Covey): CAS 421

Participants are introduced to current ways of addressing generational tension: ignoring them, attempting to fix them, making a deal or working with others utilizing generational understanding. Central to generational sticking point resolution is the distinction between Business Necessity and Generational Preference. This distinction is the fulcrum for the Sticking Point Navigator: a tool that allows analysis of a tension and assists in its resolution.

5 Things Excel: SNR 121

Swamped with lists of data from different reports and wondering how you can easily manipulate the data in Excel? Make your job a breeze by mastering the V-Look function, conditional highlighting, sorting, pivot tables, and other cool tricks in this introductory Excel workshop guided by Tony Brito.

Rock Painting: OLY 181

There's a new trend hiding around every corner of the world, and it ROCKS-literally! People are taking the classic activity of rock painting a step further by hiding these inspiring works of art in public places for others to find. See how this easy and fun activity is making landslides of happiness and positivity all over the country through hide and seek rock painting. No artistic talent or skill is required. Come join us and paint some rocks to take back to your college and hide for others to find.

BREAKOUT SESSION THREE 3:20-4:30

Pokémon Go!: CAS 420

Linda Flannigan, an IT specialist and Pokémon master will teach you the basics of how to catch Pokémon and how to level up. If you are interested in the class, please pre-register so that information can be sent to you ahead of time so that you will have the game downloaded on to your phone and be ready to have some fun catching Pokémon!

Staying Motivated to Achieve Health & Fitness Goals: OLY 328

Laina Chavez is the Assistant Athletic Director at Pierce College, as well as a Health and Fitness Coach. This session will ask you: What are your health and fitness goals? What are the biggest struggles holding you back? Then assist with identify needs and what are the three primary areas of health and fitness required to be successful! Laina will help you with understanding your WHY, as well as how to incorporate good habits and break bad habits at work.

6:00 PM-6:30 PM: CAS 421

No-Host bar and pre-dinner entertainment

6:30 PM: Dinner

Menu includes a choice of Chicken Chardonnay, Tri Tip Beef or Penne Pasta Primavera with Alfredo served with roasted red potatoes, spinach salad, grilled vegetables and

Spirit Water: A Native American Story

Speech presented by Tony Britto:

This dramatized version takes the audience into the life of Joseph Littlebear. They are given a peek at his struggles of trying to find peace with himself while discovering a greater purpose.

Awards & Entertainment

After a day of working hard, celebrate your peers successes and prepare to be mystified by a spectacular magic show.



BREAKOUT SESSION FOUR 8:30-9:45

Secrets of Networking: OLY 328

Carla Hager will help you learn the foundations of networking effectively, including building interpersonal skills, starting a meaningful conversation, and growing in your networking confidence!

Finding Joy in Our Lives: OLY 326

Although joy is a natural emotion, sometimes it can seem like joyfulness is hard to come by. In this workshop, Karen Harding will guide us as we explore our own relationship to joy and how we might find joy in the midst of a life filled with delights and sorrows, with love and loss.

Get into the Groove: HEF 302

In keeping with the SmartHealth mindset, Bernadette Blakeney a student success coach at Pierce College, will be offering meditation methods as well as an opportunity to get off your feet and into the groove. Participants will move from meditation to movement with a course on line dancing to include: The Electric Slide, The Wobble, and the Cupid Shuffle.

Master Gardner: OLY 181

Edible gardening is rewarding and fun. Learn some easy steps to growing healthy plants, producing healthy soil and extending your gardening season just beyond your doorway or at a community garden. Participants will be exposed to hands-on sowing and planting techniques and take a virtual tour of edibles.

Disney Villains: OLY 323

Through this workshop we will analyze how Disney has shaped our ideals of what it means to be a Disney villain and discuss how media (through the example of Disney animated films) has reinforced certain stereotypes and biases for entertainment purposes, particularly the social oppression of Disney villains who represent marginalized communities. We will then reflect on our own stereotypes and biases through interactive activities to discuss how stereotypes, biases, and media's representation of identities can influence our work with students and co-workers at our respective institutions.

Science Dome's Mysteries of the Unseen World: RAI 263

Be transported to places on this planet that you have never been before, to see things that are beyond your normal vision, yet literally right in front of your eyes. This show will reveal phenomena that can't be seen with the naked eye, because they are invisible, too small, too slow or too fast to see. Advancements in science now allows us to see a whole new universe of things, events, creatures, and processes we never even knew existed and now give us new "super powers" to see beyond what is in front of us.

BREAKOUT SESSION FIVE 10:00-11:15

Finding Joy in Our Lives: OLY 326

Although joy is a natural emotion, sometimes it can seem like joyfulness is hard to come by. In this workshop, Karen Harding will guide us as we explore our own relationship to joy and how we might find joy in the midst of a life filled with delights and sorrows, with love and loss.

The Lessons of Un-success: OLY 328

Katjarina “Katja” Hurt will lead you on a journey exploring the importance of redefining success and failure by examining two attempts to climb Mt. Adams, the second tallest volcano in Washington State.

Wine Glass Painting: RAI 337

A lifetime crafter and long time Pierce College Employee in the Human Resources Department, Marilyn Rutledge, will teach you how simple it is to create a fun and functional painted wine glass. Bring your creative thoughts and ideas—no experience necessary! All supplies will be provided. Just be prepared to have some fun!

Local History-Clash of Cultures: CAS 421

The transition of Pierce County from indigenous land, to Lewis County in Oregon Territory and then to Pierce County Washington was a three way clash of cultures. The indigenous Salish people first interacted with fur traders of the Hudson Bay Company at Fort Nisqually, then to clear the way for American Settlers, Governor Stevens brought Treaty negotiations. The three groups had intense interactions in the area between Dupont, Eatonville and Spanaway. This led to an Indian War, five men charged with treason, murder of one Nisqually Chief and the hanging of another as settler began to pour into the area over the Naches Trail.

BREAKOUT SESSION FIVE 10:00-11:15

Disney Villains: OLY 323

Through this workshop we will analyze how Disney has shaped our ideals of what it means to be a Disney villain and discuss how media (through the example of Disney animated films) has reinforced certain stereotypes and biases for entertainment purposes, particularly the social oppression of Disney villains who represent marginalized communities. We will then reflect on our own stereotypes and biases through interactive activities to discuss how stereotypes, biases, and media's representation of identities can influence our work with students and co-workers at our respective institutions.

Science Dome's Mysteries of the Unseen World: RAI 263

Be transported to places on this planet that you have never been before, to see things that are beyond your normal vision, yet literally right in front of your eyes. This show will reveal phenomena that can't be seen with the naked eye, because they are invisible, too small, too slow or too fast to see. Advancements in science now allows us to see a whole new universe of things, events, creatures, and processes we never even knew existed and now give us new "super powers" to see beyond what is in front of us.

This Couldn't Be Possible
Without Our Sponsors!

**PIERCE
COLLEGE**



possibilities. realized.



Washington Public Employees Association

